NATIONAL OHS ALERT

NEW YEAR, NEW COVID PROTOCOLS

As the COVID-19 pandemic continues, we can all take steps to keep our families, communities and workmates safe.

Please continue to:
1. Wear a mask indoors, and outdoors where you can't keep 1.5m distance from others.
2. Maintain good hand hygiene by sneezing and coughing in your elbow, hand washing & sanitising.
3. Get tested if you have any COVID-19 symptoms.

As of 6 January 2022, the below Testing and Isolating National Protocols are in place. As guidelines are changing frequently and there are minor variations from state to state, please confirm with your state health department - links are on the reverse of this sheet.

COVID-19 Test and Isolate National Protocols (As at 6 January 2022)

PROTOCOL 1
COVID-19 confirmed by a positive RAT or PCR test

1. Isolate at home for at least 7 days from the day you had your test.
   If you have symptoms at **Day 6**, you must stay at home until symptoms are gone.
2. Notify your household, school or employer that you have tested positive.
3. If you have **no symptoms** at **Day 7**, you can return to normal living and leave your home. You do not need a further test.

Wear a mask when leaving the home and avoid visiting high-risk settings for at least 7 days following negative test or end of symptoms.

Always seek medical help if you become very unwell.

PROTOCOL 2
Close Contact and have symptoms

1. Stay home for 7 days since you last had contact with the person who has COVID-19.
2. Take a RAT self-test or PCR test and stay at home while waiting for the test result.
   If you test **positive** for COVID-19 follow Protocol 1. If you test **negative**, continue to stay at home.
3. On **Day 6** of isolation, take a RAT self-test.
   If you test **positive** for COVID-19 follow Protocol 1.
   If your Day 6 test is **negative**, you can leave home and return to normal living after completing 7 days of home isolation.

Wear a mask when leaving the home and avoid visiting high-risk settings for at least 14 days following exposure to the person with COVID-19.

Always seek medical help if you become very unwell.

PROTOCOL 3
Close Contact with no symptoms

1. Monitor for symptoms and take a RAT self-test or PCR test if they develop.
   If **positive**, follow Protocol 1.
   If **negative**, continue to stay at home for 7 days, monitor for symptoms and follow Protocol 2 if they develop.
2. On **Day 6** of isolation, take another RAT self-test.
   If your Day 6 self-test is **positive**, follow Protocol 1 – you do **NOT** need a PCR test for confirmation.
   If your Day 6 self-test is **negative and you have no symptoms**, you can leave home and return to normal living after completing the 7 days of home isolation.

Wear a mask when leaving the home and avoid visiting high-risk settings for at least 14 days following exposure to the person with COVID-19.

PROTOCOL 4
Other contacts

If you have had less contact with someone with COVID-19, such as contact in a social, shopping, education or workplace setting.

1. You should monitor for symptoms and have a RAT self-test if these occur.
   If **positive**, follow Protocol 1 and stay at home until until you no longer have symptoms.

Wear a mask when leaving the home and avoid visiting high-risk settings for at least 14 days following exposure to the person with COVID-19.

*WA, SA, NT & TAS residents should check their state or territory requirements and timelines

*You are a **Close Contact** if you are living with someone who has COVID-19, or have spent 4 hours or longer with someone in a home or health or aged care environment since they developed COVID-19.*

Source: https://www.health.gov.au/sites/default/files/documents/2022/01/covid-19-test-isolate-national-protocols_1.pdf

CFMEU CONSTRUCTION

ACT BRANCH (02) 6267 1599
SA BRANCH (08) 8231 5532
VIC TAS BRANCH (03) 9341 3444

NSW BRANCH (02) 9749 0400
QLD & NT BRANCH (07) 3231 4600
WA BRANCH (08) 9228 6900

MORE INFORMATION

State COVID-19 websites

- ACT - https://www.covid19.act.gov.au/
- NSW - https://www.nsw.gov.au/covid-19
- NT - https://coronavirus.nt.gov.au/
- QLD - https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19
- SA - https://www.covid-19.sa.gov.au/
- TAS - https://www.coronavirus.tas.gov.au/
- VIC - https://www.coronavirus.vic.gov.au/
- WA - https://www.wa.gov.au/government/covid-19-coronavirus

Reporting Rapid Antigen Test (RAT) results

If you take a RAT self-test at home, we encourage you to register the results online to help track the spread of the virus. Not all states have reporting facilities up and running at the time of writing.

- ACT - https://actredcap.act.gov.au/redcap/surveys/?s=ENJETRYNA8CHAFJ7
- NSW - https://apply.service.nsw.gov.au/register-positive-rapid-antigen-test-result/
- NT - https://forms.nt.gov.au/Produce/wizard/446c9d91-ac59-41de-bf55-5f15b5c4da12/
- QLD - https://www.qld.gov.au/rat-positive/rapid-antigen-test-registration
- SA - https://forms.sa.gov.au/#/form/61cd11cfad9c5a41ccb16e39/app/61dcd9c34d43316bf8fe242c
- TAS - https://form.jotform.com/220047395346052
- VIC - https://dhvicgovau.powerappsportals.com/rapid-antigen-test/
- WA - not available yet

Financial Support

If you are unable to work because you have been directed to isolate you may be eligible for the Federal Pandemic Leave Disaster Payment. This payment is not available to workers with sick leave entitlements.

- https://www.servicesaustralia.gov.au/pandemic-leave-disaster-payment

Mental Health

The pandemic has been tough on everyone. If you need to talk to someone - call one of the numbers below:

- Incolink - 1300 000 129
- Foundation House - 02 9810 3117
- Mates in Construction - 1300 642 111
- Lifeline - 13 11 14
- Beyond Blue - 1300 224 636
- Suicide Call Back Service - 1300 659 467

If you have any concerns about COVID-19 safety on your job site please talk to your OHS rep, delegate or shop steward or call your state branch on the phone numbers below.

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